

REFLEXOLOGY RESEARCH & DOCUMENTATION

Experience how you and your clients can make a difference!



Leila Eriksen has 25 years of combined experience. Trained, in reflexology as well as hospital based health care. She has been a pioneer in Danish and International Reflexology Research, and has been an active part of project teams behind several reflexology studies.

As the first reflexologists in the world, without academic background she succeeded, together with collages and research teams, to have 4 different abstracts recognized for presentations at ISCMR.org research conferences in **Norway 2010, China 2011, USA 2012** and now **Las Vegas May 2016**.

Her passion is to build bridges between practitioners and researchers for the **benefit of the clients**. She functions, as a fulltime reflexologist, CAM consultant and spokesperson, and has been connected to research projects in hospitals as well as universities. Besides this, she is involved in national as well as international organizations, devoted to administration and research in the CAM area.

Is member of The Danish National Board of Health's Council Concerning Alternative Treatment, www.srab.dk and work together with The National Research Centre in Alternative and Complementary Medicine in Norway www.nafkam.no on an international project collecting exceptional case stories?

Has a close relationship with the Association of Cancer Children in Denmark www.cancerbarn.dk arranging events for the cancer children, parents and siblings. Beside this, she functions as a consultant, regarding national and international links concerning alternative, complementary and integrated medicine. And have received a handful of awards. The latest given by ICR, The International Council of Reflexologists, at the Reflexology World Conference, in Portugal Sept. 2011, *"The ICR Special Recognition Award 2011"*.

References:

- *"Reflexology Research – strengthening reflexology into integrated healthcare" 2015 (PDF)*
- *"Reflexology Research – one day **seminar, workshop/course**, for students and practitioners" (PDF)*
- *"The Migraine Project – RESF 2015" (PDF)*
- www.carecam.dk (click on the English flag, and you will find articles and links regarding research)

International Reflexology Networking

RiEN - European www.reflexology-europe.org

ICR - Worldwide www.icr-reflexology.org

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