



## INSPIRING REFLEXOLOGY RESEARCH



Dear colleagues of The European and the World Reflexology Network, **RiEN** and **ICR**.

I have looked forward to send this information to you. To share with you, experiences and articles from the last years. To share with you what goes on in the research area.

The [www.iscmmr.org](http://www.iscmmr.org) research congress took place in South Korea **May 2015**, where I participated together with 700 other delegates, from around the world. To be inspired, and to have the opportunity to follow up on the latest news, by doing a presentation at the ICR World Reflexology Conference in Sheffield **September 2015**, together with Professor Nicola Robinson. 125 delegates from 20 countries were attending the ICR conference in Sheffield, and new ideas were born.

**October 2015** [www.nafkam.no](http://www.nafkam.no) arranged a one day seminar, regarding exceptional case stories. 70 delegates from Denmark, Norway and Sweden were participating (see the article on page 2).

**November 2015** a school in Norway invited me to do a one day course, regarding “*Documentation and Research for Complementary Therapists*”, transmitted by webcam. It was a very inspiring day.

**In all presentation RiEN and ICR were mention.** I strongly believe that national as well as international cooperation between practitioners, organizations, universities, researchers and policy makers, is beneficial in many ways. Creating and developing innovative ideas for the health care system that can make a difference. To do that, we need RiEN and we need ICR’s support.

**RiEN** associations have a positive cooperation with NAFKAM in Norway regarding a Migraine project involving reflexology associations from 4 countries, Denmark, Norway, Sweden and England. We had a positive meeting in Oslo, October 2015. See the article mentioned on page 2.

The next [www.iscmmr.org](http://www.iscmmr.org) research congress will take place in **Las Vegas May 2016**. For the first time in the history, it is possible to send in non-scientific-abstracts. 3 reflexologists have sent in abstracts. 2 abstracts have been recognized for poster presentation. More information will follow.

**Articles and reports**, regarding the mentioned activities, have been created for inspirations.

Information is also available on [www.srab.dk](http://www.srab.dk) – [www.nafkam.no](http://www.nafkam.no) – [www.iscmmr.org](http://www.iscmmr.org).

You are welcome to put the PDF-files (see page 2) on RiEN, ICR and your own webpage, if you like.

Regarding the upcoming **RiEN conference 2016** in Brussels and **ICR Congress 2017** in Taiwan, my suggestion will be to share the latest news. Inspire for research discussion and activities, by doing a workshop or/and by doing a day course connected to the conferences. All the best...

*Leila*

[www.leilaeriksen.dk](http://www.leilaeriksen.dk)

## The Inspiring Future Healthcare - Meeting the Healthcare Paradigm Shift!



Articles mentioned bellows are created for RiEN, ICR and [www.srab.dk](http://www.srab.dk) in 2015 and 2014. Some of the articles are in Danish language, but can be read by using Google translation. **Click on the English flag** in top of the right corner on [www.carecam.dk](http://www.carecam.dk) – [www.leilaeriksen.dk](http://www.leilaeriksen.dk)

### Articles

- **Reflexology Research – a workshop or a one day course for CAM practitioners**, PDF
- **Strengthening Reflexology in Integrated Healthcare 2015**, PDF
- **The Migraine Project 2015**, PDF
- Migræneprojektet, 2015. PDF
- RESF seminar 2015. PDF
- International Council of Reflexologists Conference Report 2015
- **Touch's Social Significance 2015**, PDF
- **Non-Research Abstract Session ICIMH 2016**, PDF
- Fremtidens Sundhedsvæsen 2015 (The future health care system), PDF
- Verdenskongres for zoneterapeuter 2015 (World congress for reflexologists), PDF
- Fra Hovedpinepatient til livsnyder (from Headache patient to enjoy life), PDF
- Seminar om gode sygdomsforløb knyttet til brugen af alternativ behandling, PDF
- Energimedisin i Sundhedsarbejdet 2015 (Energy medicin in Health Care), PDF
- Børn og Cancer, Zoneblad 2015 (Children and cancer, reflexology magazine), PDF
- Keynote speakers Miami 2014 – 2 sider (two pages), PDF
- Keynote speakers Miami 2014 – 4 sider (four pages), PDF
- Abstract for IRCIMH 2014 – The journal of CAM, PDF
- Integreret Medicin 2015 (Integrated Medicine), PDF
- Refleksion på kongres deltagelse (pdf) (reflexion on participating a congres), PDF
- Zoneterapi er effektiv som smertestillende medicin (Reflexology is pain effective), PDF
- Alternativ behandling i et bruger-/samfundsperspektiv (CAM in a user perspektive), PDF
- Bidrag til forskning i alternativ behandling (contribute to be part of CAM research), PDF
- Information RESF patienter (Register for exceptionelle sygdomsforløb) Dansk, PDF
- Information RESF behandlere (Register for exceptionelle sygdomsforløb) Dansk, PDF
- Information RESF patients (Register for exceptionelle sygdomsforløb) English, PDF
- Information RESF partitioners (Register for exceptionelle sygdomsforløb) English, PDF
- Kampen med kroppen, PDF
- CAM Regulation – a database on the regulation of traditional, Complementary and alternative Medicine in Europe. The National Research Center in Complementary and Alternative Medicine, Norway [www.nafkam.no](http://www.nafkam.no)
- See also the 4 articles (in English) at [www.leilaeriksen.dk](http://www.leilaeriksen.dk) (click on the English flag, in the right corner)
- Reflexology a therapy form in progress article (PDF)
- MyMop <http://www.bris.ac.uk/primaryhealthcare/resources/mymop/?c=welcome>
- CaseRe3.org <http://www.casere3.org/nrn21mvc3ia6qzvyfcfra8ggsegxkl>



**Contact** [www.leilaeriksen.dk](http://www.leilaeriksen.dk)

Mail: [leilaeriksen@hotmail.com](mailto:leilaeriksen@hotmail.com)

Mobile phone (+45) 26 18 95 90